

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun																					
September		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	18	19	20	21	22	23	24	25	26	27	28	29	30																			
October				1	2	3	4	5	6	7	8	9	10	11	Food Stop: Curry! National Curry Week 12-18			19	20	21	22	23	24	25	26	27	28	29	30	31																			
November	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	28	29	Food Stop: Scotland! St Andrew's Day 30																					
December		1	2	3	4	5	6	7	8	9	10	11	12	13	Food Stop: Christmas! 14-18			19	20	21	22	23	24	25	26	27	28	29	30	31																			
January					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	Food Stop: Breakfast Week! 25-31																				
February	1	2	3	4	5	6	7	Food Stop: Asia! Chinese New Year 8		10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29																				
March		Food Stop: Wales! St David's Day 1		3	4	5	6	Food Stop: Pie! National Pie Week 7-13			14	15	16	17	Food Stop: Ireland! St Patrick's Day 17		18	19	20	21	22	23	24	25	26	27	28	29	30	31																			
April				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	Food Stop: England! St George's Day 23		25	26	27	28	29	30															
May	2	3	4	5	6	7	8	Food Stop: Sandwich! British Sandwich Week 9-15			16	17	18	19	20	Food Stop: Vegetarian! Vegetarian Week 19-25			26	27	28	29	30	31																									
June			1	2	3	4	5	6	7	8	9	10	11	12	Food Stop: Football! European Cup 10 June - 10 July																																		
July					Food Stop: Football! European Cup				11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31																				
August	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31																		

Look out for great value deals throughout the year in our It's a DEAL! promotions

