



**St John Henry Newman**  
Catholic School

Scalegate Road, Carlisle, Cumbria CA2 4NL  
**Headteacher:** Mr J D McAuley BA (Hons) MEd

**Tel:** 01228 404942  
**Email:** [office@newman.cumbria.sch.uk](mailto:office@newman.cumbria.sch.uk)  
**Website:** [www.newman.cumbria.sch.uk](http://www.newman.cumbria.sch.uk)

11 September 2023

Dear Parent/Carer

We are writing to address a growing concern both nationally and within our local community: the increasing prevalence of vaping amongst teenagers.

Enclosed with this letter is a detailed fact sheet which provides more information on this issue. It is essential for all of us to be informed about the potential risks and consequences associated with vaping, especially given the allure it seems to have for many young people.

While vaping was initially introduced as a less harmful alternative to smoking for adults, it has unfortunately become a trend amongst our youth. The flavours and marketing strategies employed by vaping companies often target younger audiences, making it even more crucial for us as parents, guardians, and educators to be vigilant.

We urge you to take a moment to read through the attached fact sheet and discuss the contents with your child. Open dialogue can be a powerful tool in preventing risky behaviours and ensuring that our young people make informed decisions. If you would like further information, Panorama recently undertook an informative investigation into teenage vaping. The documentary can be found on BBC i-player. It is called 'Panorama – Teenage Vaping: What's the harm?'

Our school continues to hold a zero-tolerance approach to vaping in school. Any pupils suspected of, or found to be vaping in the school building, or on their way to and from school, will be searched, vapes will be confiscated and the pupils will be sanctioned.

Together, we can work towards creating a safer environment for young people and ensuring they are well-informed about the choices they make.

Thank you for your continued support.

Mr S Forrester  
Senior Assistant Headteacher