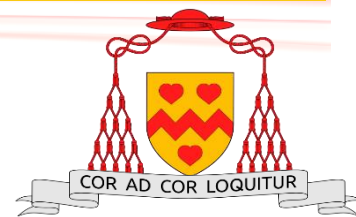


Newman News

"I am proud to work as a pastoral support officer at St John Newman Catholic School because it provides a deeply fulfilling opportunity to positively impact pupils' spiritual and emotional well-being while being part of a close-knit community that shares common values and beliefs." Mrs Emmerson – Student Support Officer



St John Henry Newman
Catholic School

We are proud of our pupils' achievements

After the success of our Year of Hope and Year of Charity, this year will be the Year of Joyous Celebration. We are anxious to hear about the successes of our pupils outside of school. If you have any news we need to celebrate in our next newsletter, please contact school to let us know.

This January we say goodbye to Mr Forrester and Mrs Hetherington who are moving on to other jobs. We wish them the best of luck and will miss them. We also welcome to our staff three new Teaching Assistants who started before Christmas: Miss Ord, Mrs Harding and Mrs Hanlon. We also welcome Mrs Nixon in the English department.

We are delighted with the effort that has gone in to the shoeboxes this year for **Operation Christmas Child** and would like to thank all the pupils, families and staff for their contributions. Along with the boxes packed by St Margaret Mary's RC Primary School, we are sending off over 50 boxes, which is fantastic. Thank you for considering giving hope and joy to a child this year by sending a shoebox gift with Operation Christmas Child.

Thank you to all the pupils in our school who came together and participated in the **Remembrance Day** activities in the library. Also, a special shout-out to Kacey, Lexi, Millie and Zayne who took the time to polish their boots and put on their army cadet uniforms in respect of our fallen heroes. They not only sold poppies but also spoke to fellow pupils about their roles in the cadets and what Remembrance Day means to them.

Well done to our **students of the month** for October, November and December:

Year 7: Joyce K, Lucy A, Cerys G, Sophie U, Sian C, Chloe B, Daisy W, Lucas D, Leon M, Amelia I, Jack R, Riley B, Torran M, Poppy C, Holly-Leigh W, Jay E, Reuben W, Evie W, Rio U, Riley S, Mia L, Sean-Patrick M, Esme L

Year 8: Anwar S, Sam D, Angela A, Chloe G, Lexie P, Caitlin H, Zaidyn T, Maisey E, Jaymes O, Maja H, Imani M, Victoria W, Riley G, Patryk B, Natalia A, Eddie H, Ryan P, Charlotte C, Imani M, Martin M, Emily P, Teigan A

Year 9: Autumn M, Natalia L, Alfie S, Lucy M, Mia J, Kaitlyn G, Dominik K, Lillie M. Jay W, Maria P, Lily I, Evie B, Bradley T, Nathan B, Jayden C, Ellie L, Malcolm N, William B, Jack S, Alicija S, Harvey M, Layla H

Congratulations to Josie in Year 13 who passed her **driving theory test**. Good luck for the practical test!

Our **gymnastics team** gave a fantastic performance at the secondary novice competition, performing a floor routine and a vault. Special mention to Brianna who landed her first through vault in the warm up.

The **Scholastic Book Fair** visited the school last term. Mrs Jones and the Pupil Librarians would like to extend a big thank you to all those who supported the book fair and helped to grow our collection of books in the school library.

The **Science Club**, led by our wonderful Sixth Formers, has had a fabulously successful term and is growing week by week. Thank you to Witek, Ayden, Abigail, Josie and Joseph for running this fantastic club.

The whole school celebrated **National Poetry Day** with our interactive poetry wall where pupils could use note paper featuring random words to create their own poems. We also had a poetry open mic during lunchtime where pupils and teachers were invited to choose one or more poems from the competition entries. A big congratulations to Joyce, Evelyn, Natalia, Maya, Jack, Miss Braschko and Miss Gilby for their fabulous readings.

Year 10 have been enjoying reading **Charles Dickens' The Old Curiosity Shop** with Mr Johnstone in their form time interventions. Well done to this group for reading a challenging text. Mr Johnstone is also incredibly proud of his year 7 class who performed the poetry they had written in class.

Our **school carol service** on Monday 18 December was a resounding success. Thank you to all who attended and showed support and especially to our pupils who sang so beautifully.

Christmas Craft Club proved incredibly popular with our pupils producing some beautiful pieces.

We are incredibly proud of Lucy in Year 7 who recently **performed to a sold-out Shaftesbury Theatre** in the heart of London's West End with local theatre group Razamatazz. Lucy also shared her achievements with the year group in our celebration assembly which takes a lot of courage to speak in front of your entire year group.

Spotlight on...The Design and Technology Department

DT Club News
Workshop Club
Keyholders and
Christmas
Gingerbread
House Results.

What could you make in 2024?

DT - Afterschool Clubs Spring 2024 :-
Wednesdays
• Sewing Bee – Miss Bradley T3
• DT workshop Club – Ms Hurst T8
Thursdays
• Yr11 GCSE DT Drop in Clinic – Ms Hurst T3

Big Thank you to all the support from home with the KS3 £7 contributions to the DT materials so far this year. It has really helped enable us to deliver a full curricular for all.

Keep an eye out on the DT **Designers of the Month in 2024** - Will your favourite designer be there?

Lego Club Results

Build a Poppy Challenge

Designer of the Month

Tom Piper
British Theatre Designer
Born 24 November
Famous works inc the
'Blood swept Lands and Seas of Red'
- Tower of London 2014

Some of the Designers form 2023

Althea McNish: Colour is Mine
Textile Designer c.1930-2020

Newman News



Upcoming events/Dates for your diary

Our extra-curricular timetable can be found here:

<https://www.newman.cumbria.sch.uk/students/activities>

Wednesday 3 January – Term begins

Tuesday 9 January – all members of the community including families of our pupils are invited to attend a consultation meeting at 5.30pm to offer views and ask questions on the potential conversion to academy status in the Mater Christi MAT. Written responses can be sent to academy.consultation@newman.cumbria.sch.uk

Tuesday 16 January – Year 11 Parents' Evening

Tuesday 30 and Wednesday 31 January – Year 7 Day Retreats to Castlerigg

Monday 12 to Friday 16 February – Half term

Continuing Library Events

Tranquil Tuesdays

This term we introduced Tranquil Tuesday lunchtime at Our School Library for all year groups! Pupils were able to escape into the world of books during lunchtime.

Pupils can find a peaceful corner in the library to read and unwind. Pupils can choose from a range of books, eBooks, and audiobooks that suit their taste. Pupils can also check out "The Day" for a quick catch-up on global news or read our range of magazines like Science Focus, BBC History or Britannica. If any of our pupils need assistance our helpful pupil librarians and Mrs. Jones are here to assist you! Taking a break with a good book can be a refreshing way to spend your lunch break. Join us for Tranquil Tuesdays and make Tuesdays a day to discover new stories and adventures!

Get Caught Reading

Our "Get Caught Reading" initiative is your chance to win exciting prizes! If you're spotted reading by one of our pupil librarians, you'll receive a ticket to enter a prize draw at the end of the term. Imagine winning an amazing prize, all because you are caught enjoying a good book!

Accelerated Reader Treasure Box

For years 7 and 8 who are enrolled in the Accelerated Reader program, there is an extra opportunity awaiting you. Score 75% or higher on a book quiz, and you will have the chance to crack the treasure box code in the library. Guess the three digits correctly, and you will win a fantastic reward - a £10 book token, delicious chocolate and a mystery book! But do not worry if you are not on Accelerated Reader; you can still participate by writing a book review to display in the library. Each book review you submit gives you a chance at cracking the code and winning big.

Pupil Librarian recommendation of the term:

Cuckoo Summer by Jonathan Tulloch (Adventure set in the Lake District)

Summer 1940. As the cuckoo sings out across the Lake District, life is about to change forever for local boy Tommy and his friend Sally, the mysterious evacuee girl who lives on the neighbouring farm. When they find a wounded Nazi airman in the woods, Sally persuades Tommy not to report it but to keep the German hidden. This starts a chain of events that leads to the uncovering of secrets about Sally's past and a summer of adventure that neither child will ever forget.

Community Connections

Use this link to see the Parish Newsletter: <https://www.carlislecatholicchurch.org/newsletter>

Mass Times:

Saturday 4pm, Sunday 10am and 4.30pm Our Lady and St Joseph's

Saturday 6pm St Bede's

Sunday 9am Christ the King

Sunday 11am St Augustine's and St Margaret Mary

Sunday 1pm Our Lady and St Joseph's Mass in Polish

Sunday 9am St Cuthbert's Wigton

Following the sell-out performance in May, the parish are delighted to announce that Fr Norman will open the annual parish concert on 1 and 2 March 2024. Tickets are on sale at Sunday Mass.

SPARK of Faith is a new youth group for young parishioners in years 6, 7 and 8 at school. The first meeting is on Tuesday 20 February 7.00 - 8.30pm at Blessed Christopher Robinson House.

Welcome to our HRSE Newsletter: 'Heart Speaks to Heart'

"Parents are the first educators of their children. It is their right and responsibility to inform and educate their children in matters relating to human growth and development". Our mission at St John Henry Newman Catholic School is to educate our pupils in the wholeness of mind, body and spirit through the teachings of Jesus Christ. We aim to work with parents, carers and the wider Catholic community to provide pupils with a comprehensive education that prepares them for life. HRSE is an important part of this.

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory HRSE up to three terms before the child turns 16. If you have any concerns or would simply like to discuss the HRSE provision with a member of staff, please contact Miss Lowrey Assistant Headteacher and Lead for HRSE: emilylowrey@newman.cumbria.sch.uk.



Year	Topic outline for this half term	How can you support your child with this?
7	Topic: Online Safety <ul style="list-style-type: none"> General Internet Safety My Digital Footprint and Personal Data Cyberbullying Fake News Dangers of Online Grooming Selfie Culture 	<ul style="list-style-type: none"> Open and honest communication about these issues Have an awareness of your child's activities online Monitor your child's use of the internet and address any issues Look at news articles together and discuss how you decide what to trust
8	Topic: Online Safety – Sexting <ul style="list-style-type: none"> Defining sexting and grooming How does grooming happen and how can you protect yourself? Impact of sexting 	<ul style="list-style-type: none"> Open and honest communication about these issues Have an awareness of your child's activities online Monitor your child's use of the internet and address any issues Look at news articles together and discuss how you decide what to trust
9	Topic: Online Safety – Radicalisation <ul style="list-style-type: none"> Defining key terminology How does radicalization happen? Islamic radicalization and Islamophobia Internet subcultures Prevent Duty 	<ul style="list-style-type: none"> Open and honest communication about these issues Have an awareness of your child's activities online Monitor your child's use of the internet and address any issues Look at news articles together and discuss how you decide what to trust
10	Topic: Social Media <ul style="list-style-type: none"> My Online Reputation Social Media and Mental Health Social Pressures Online Body Image and Social Media Online Gambling Awareness The Dark Web 	<ul style="list-style-type: none"> Monitor your child's use of the internet and address any issues Use reporting features to report any inappropriate or criminal content online Discuss key issues with your child and encourage good social media habits
11	Topic: Exams and Mental Health <ul style="list-style-type: none"> How are you feeling about your exams? Stress and Anxiety Encouraging positive mental health Revision Skills Dealing with being laid back 	<ul style="list-style-type: none"> Open and honest discussions about how they are feeling about their exams Helping to recognise the difference between feeling anxious about exams (which is normal) and having anxiety as a mental health condition Provide a quiet space for revision if possible Encourage your child to create a revision timetable and take sensible breaks

Where can you or your child get additional support with issues covered this term?

- Our safeguarding lead
- Pupils can access support in schools through their tutors, head of year, or our pastoral team
- Kooth – a counselling service accessible through the school website
- Your GP for issues surrounding health
- Your local parish priest
- Call the police immediately if you believe you are dealing with issues where a crime may have been committed.
- www.NHS.uk
- www.taize.fr/en_rubrique2603
- www.anxietyuk.org.uk
- www.bacp.co.uk
- www.centreformentalhealth.org.uk
- www.depressionalliance.org
- www.mind.org.uk
- www.samaritans.org
- www.sane.org.uk
- <https://www.idealflatmate.co.uk/students-mental-health-guide>